

WINTER 2009-2010



Our goal at Talisman’s Kids Club is to provide a fun environment for your children to learn the sport of skiing or snowboarding. You can rest easy knowing that your children are enjoying the outdoors in a safe, structured and friendly atmosphere with our team of qualified ski and snowboard instructors.

**Kids Club is available Weekends & Holidays. Please Pre Register 48hrs in advance.**

- Warriors** 3 – 5 years
- ski lessons for 1 hour in the morning and 1 hour in the afternoon
  - activities including circle time, crafts, story time, and quiet time
- Big Chiefs** 6 – 12 years
- ski or snowboard lesson for 2 hrs. in the morning and 2 hrs. in the afternoon
  - activities of games, tournaments, and crafts when time allows

	<b>1/2 Day</b> 9:30-12:00/ 1:00-4:00	<b>Full day</b> 9:30-4:00
<b>3 Years to 5 years</b>	\$54	\$64
<b>6 years to 12 years</b>	\$50 plus lift	\$60 plus lift
<b>Lift Tickets</b>	\$20	\$20
<b>Ski Rentals</b>	\$18	\$18
<b>Snowboard Rentals</b>	\$20	\$20
<b>Helmet Rental</b>	\$5	\$5

5 step learning system • Daily progress reports • Pins and certificates for progression recognition • Snacks and lunch • Access to Wonder Carpet lift • Security tags • Reduced lift ticket and rental rates • Low Instructor:participant ratio

## Kids Club Skiing Levels

### White Stars (3 Levels)

1. First timers who require introduction to skiing, equipment and basic skills of skiing(They cannot stop)
2. Familiar with equipment and can stop.
3. A straight runner with some capabilities of speed control and can change direction one-way.

### Green Gliders (2 Levels)

1. Controlled gliding can change direction both ways. Will be introduced to Responsibility Code.
2. Confident snowplow turns. Will be introduced to parallel skiing.

### Blue Barons (2 Levels)

1. Confident on all green trails, performing wedge turns and can bring skis together during turns
2. Wide stance, parallel all the time on blue trails. Working on refining skills on intermediate terrain.

### Black Bullets (1 Level)

1. Narrow stance, rhythmic parallel turns on all blue trails. Intro to advanced trails. Crimson Cruisers (1 Level)
1. Good technique on all terrain, top to bottom short radius turns. Introducing difficult terrain, snow conditions & the Park.

## Kids Club Snowboarding Levels

### White Sliders

Orientation of equipment and basic traverse with a stop on both “toe side” and “heel side”.

### Green Sliders

Consistently link turns, controlled stop and introduce to Responsibility Code.

### Blue Spinners

Lean spinning tricks on the snow, both 180 degrees and 360 degrees.

### Black Carvers

Master linked, skidded turns on the steeps and introduction to “airs”.

### Crimson Airs

Proficiently ride more advanced terrain such as The Park with its banks, berms, spines, tabletops & 1/2 pipe.

\*All Children are evaluated daily.

**For more information or to book your class call 1-800-265-3759 ext. 2871**

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# Important Information

Kids Club Winter Program is available weekends and Holidays.

## Before you Arrive...

- Please bring the completed registration form with you on the first day of Kids Club.
- Ensure that your child is well rested and has had a good breakfast.
- It is beneficial to label your child's clothes. We assign a bin for every child to keep them organized.
- We have listed our ski & snowboard levels so that you can give us an idea of which level your child should be.
- Weather conditions can change rapidly so please be prepared with:
- Warm Hat, Goggles & Neck Warmer
- Waterproof & Insulated Gloves or Mitts
- Waterproof Winter Coat & Snow Pants
- Long Underwear, Turtle-Neck & Warm Socks
- **Helmets are mandatory.** If you do not own one they are available to rent for \$5 per day.

## Once you Arrive...

- Doors open at 9:30am. Check in is between 9:30-10:00 & 1:00-1:15PM.
- Do not worry about tears! Our Kids Club Instructors are kind, caring & trained to calm the fears of your child.
- Please respect that parents are only allowed in the lobby at Kids Club and are not allowed in the Kids Club Backyard.
- If you wish to check on your child, please call us at ext. 2827 and watch from afar. If we need you we will call your room and put a note on the whiteboards at the bottom of every lift.

**Security:** Every day at registration you need to pick up your numbered tag which must be returned at pick up time. This ensures the utmost safety & security for you & your child.

**Pick Up Time:** AM is 11:45-Noon & PM is 3:30-4:00pm

**Sample Kids Club Lunch Menu** - Only available Monday to Thursday during holidays. Menu subject to change.

Mon: Hot Dog & Fries	Tues: Spaghetti with Meat Sauce & Tossed Salad	Wed: Hamburgers & fries
Thurs: Sandwiches & Tossed Salad	Fri: Chicken fingers and fries	Sat: Pizza & Caesar Salad
Sun: Grilled cheese and Fries	Every Day: Veggies & Dip	
Snacks: Muffins, Rice Krispie Squares, Milk, Juice, Ice Cream Cups & Jell-O		

**Allergy Policy:** A list of children's names & their allergies is posted in the kitchen & their age appropriate room. For small children the food allergy is on their nametag. Children with Dietary Restrictions should bring their own food.

**Peanut Butter Policy:** Please ensure that Kids Club is aware of all nut allergies. For the safety of our visitors with nut allergies, Kids Club does not serve Peanut Butter & Nut Products. We encourage a "Nut Free" zone, however it is not guaranteed.

**Children must be pre-registered a minimum of 48 hours in advance to avoid disappointment.  
Cancellations must be made 48 hours in advance or cost will not be refunded.  
Lift and rental prices include tax. Children 5 and under receive free lift tickets.**

**For more information or to book your class call 1-800-265-3759 ext. 2871**

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